



#03-063

**TEXAS DEPARTMENT OF HEALTH
AUSTIN TEXAS
INTER-OFFICE**

TO: WIC Regional Directors
WIC Local Agency Directors

FROM: Barbara Keir, Director **(Original Signed)**
Division of Public Health Nutrition and Education
Bureau of Nutrition Services

DATE: June 13, 2003

SUBJECT: *WIC Healthy Family Newsletter*

The new WIC participant newsletter, *The Healthy Family Newsletter*, is being mailed to you this week. Each agency will receive one original from which you can make copies for your WIC participants. The topics will be based on concepts from the "FIT KIDS" teleconference, emphasizing healthy weight and physical activity for WIC families. You will receive these newsletters each quarter.

If you have questions or require additional information, please contact Delores Preece, Bureau of Nutrition Services, at (512) 458-7111, extension 3444, or delores.preece@tdh.state.tx.us or Mary Van Eck, Manager, Nutrition Education and Breastfeeding, Bureau of Nutrition Services, at (512) 458-7111, extension 3484, or mary.vaneck@tdh.state.tx.us.